 <p>B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100</p> <p>DR. PABLO O. TORRE MEMORIAL HOSPITAL</p>	Document Code:	DPOTMH-I-31-P03
	Effective Date:	11-30-2021
	Document Type:	Policy
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	Department/Section:	Endoscopy Unit
	Document Title:	POST-ENDOSCOPY PROCEDURES AND DISCHARGE POLICY

PURPOSE:

1. To discuss the post-endoscopy procedures.
2. To ensure patient safety after the endoscopic procedures.
3. To discharge patient from the Endoscopy Unit when he or she meets established discharge criteria and gets a maximum score as indicated in the Aldrete Scoring. Depending on the type of admission and the patient's condition, the patient may be discharged to go home or to go back to the station or unit where they are currently admitted.

LEVEL:

Doctors, Staff Nurses, Attendants


DEFINITION OF TERMS:

ENDO-PACU- an area in the Endoscopy Unit where post-endoscopy patients are provided post-anesthesia care.

Bromage Scale- an accepted tool for the measurement of motor block. This scale assesses the intensity of motor block by the patient's ability to move their lower extremities.


Modified Aldrete Score- examines the criteria of motor activity, respiration, blood pressure, consciousness, and color.

Sedation scoring- provides ICU teams with the tools needed to assess patients' depths of sedation. This then enables patient-specific objectives to be targeted, in terms of adjustment of analgesic and sedative therapies to reach an optimum level of sedation.


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POLICY:





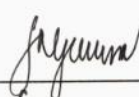



- 1 Following the procedure, patients shall be transferred to the ENDO-PACU / recovery area where they will remain on the trolley until the immediate post-procedure recovery is completed. Patients shall be monitored for as long as it is required. Patients shall be observed for a minimum of 30 minutes after sedation or 15 minutes if no sedation was given.
- 2 Nurses shall assess the pain score and observe for possible complications post-procedure such as:
 - 2.1 Pain
 - 2.2 Bloating
 - 2.3 Hypotension
 - 2.4 Nausea & vomiting
 - 2.5 Bleeding
- 3 If the patient remains in excessive pain, the endoscopist shall be informed to rule out perforation.
- 4 All patients shall be discharged from the ENDO-PACU only after passing the criteria which include the following:
 - 4.1 Uncompromised cardiopulmonary status – the patient is breathing easily.
 - 4.2 Stable vital signs – within normal preoperative range for the patient.
 - 4.3 Adequate urine output (at least 30cc per hour or depending on the patient's body weight)
 - 4.4 The patient is out of anesthesia, responsive, and orientation to person, place events, and time.
 - 4.5 Satisfactory response to commands when asked to cough, breathe deeply or move.
 - 4.6 Movement of extremities following regional anesthesia.
 - 4.7 Control of pain.
 - 4.8 Control or absence of vomiting.


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- 5 If not, a written order of clearance from PACU by the Anesthesia Resident on Duty (AROD)/ Surgery Resident on Duty (SROD) / Medical Resident on Duty (MROD) after thorough examination of the patient.
- 6 For OUTPATIENTS:
 - 6.1 Once patients are sufficiently fit to do so, they may get dressed and move to the discharge area.
 - 6.2 Written post-operative and follow-up care instruction shall be provided to each patient and shall reflect the patient's individual informational needs specific to:
 - 6.2.1 home care
 - 6.2.2 response to unexpected events
 - 6.2.3 expected date of releasing of final results for any tissue biopsies
 - 6.2.4 follow-up by the physician.
- 7 For INPATIENTS:
 - 7.1 Patients shall be reminded to inform his/her ward nurse in charge if any complications or uncontrolled pain arise and when to ask for additional assistance.
- 8 All documentation shall be completed before discharging the patient from the unit.

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DOCUMENTATION:

New Policy

DISSEMINATION:

Hospital Communicator

Manual of Policies and Procedure

REFERENCE:

1. The Patient Care Manual. (2018). Boston's Children's Hospital
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4. Odom-Forren, J. (2013). Drain's Perianesthesia Nursing: A Critical Care Approach (6th Edition).
5. Perry, A., Potter, P., & Ostendorf, W. (2018). Clinical Nursing Skills and Techniques, (9th Edition).
6. *EGD discharge*. (n.d.). Mount Sinai Health System. Retrieved July 28, 2021, from <https://www.mountsinai.org/health-library/discharge-instructions/egd-discharge>